

# HEALTH ADVISORY: VHF

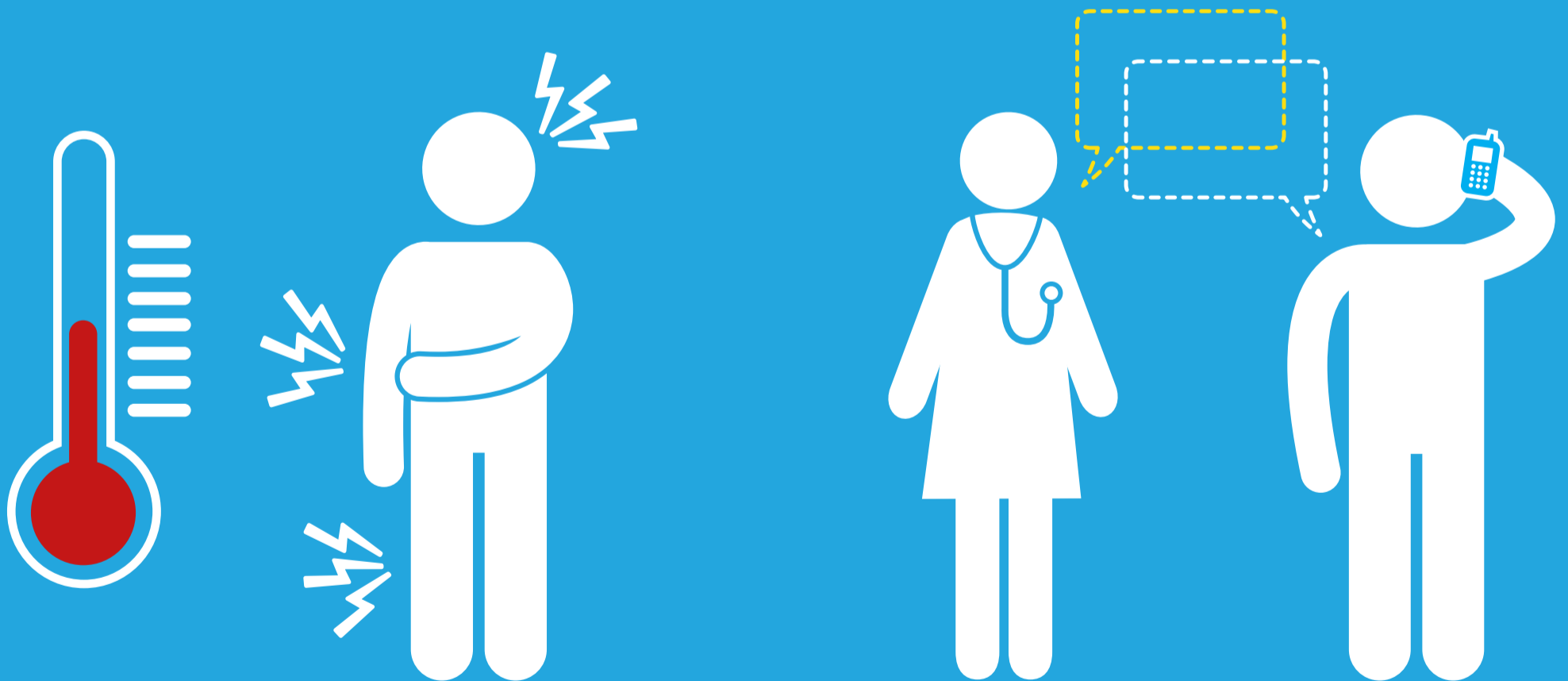
## Returning from a viral haemorrhagic fever (VHF) affected area?

VHF is a **severe infection** that can kill

### IF YOU ARE RETURNING FROM A VHF AFFECTED AREA:

Watch for **fever, headaches and body aches** in the next 3 weeks

If you get sick within **21 days of returning** from a VHF affected area contact your doctor, and tell them of your recent travel



**VHF includes the following:** Ebola, Lassa, Marburg and Crimean Congo Haemorrhagic Fever (CCHF).